

2024 AUTUMN PROGRAM



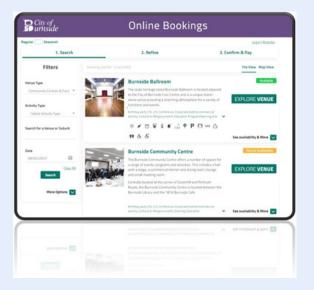


Our Community Centres

Discover Burnside Community Centres; there's something for everyone!



Online Venue Booking System



Council has launched a new online booking system, Bookable. We trust you find it a convenient and easy way to explore, manage, book and pay for bookings.



Explore - Book - Pay



Community Wellness Hub

Join us for a chat, light lunch and seated chair exercises

When: Third Thursday of the month

- 15 February 2024
- 21 March 2024
- 18 April 2024
- 16 May 2024

Time: 11 am - 1 pm Location: Glenunga Hub, Webb Room Cost: Gold coin donation Bookings not required Welcome to all ages For further information please contact Margie Maloney Rotary Club of Burnside 0412 383 827

ΜΑΠ



Civic Centre Program Calendar Burnside Ballroom,

Monday	Tuesday	Wednesday
Snooker 9 am - 3.45 pm 8366 4233	Snooker 9 am - 3.45 pm 8366 4233	Snooker 9 am - 3.45 pm 8366 4233
Pilates Stretch BALL & Balance 9 am - 10 am \$10 8366 4233	Chess 9 am - 12 noon free 8366 4144	Emotional BCC Freedom Techniques Ist Wednesday of month 7.30 pm - 8.30 pm
Seniors' Fit & Fab BCC 10 am - 11 am \$2 8366 4233	TOWNHALL Tai Chi Qi Gong 10 am - 11 am gold coin 8366 4233	Jeanette: 0438 586 291
Pilates Stretch BALL & Balance 10.30 am - 11.30 am \$10 8366 4233	Dance on Tuesdays 12.15 pm - 1.15 pm \$6 8366 4233	
JKSA Karate 6 pm - 7 pm \$10 Reza: 0452 430 290	English Conversation 1 pm - 2.30 pm 8366 4233	IMMUNISATION
Rhee Taekwon-do BALL 6.30 pm - 7.30 pm \$80/month 1300 743 853	Yoga 2 pm - 3.15 pm \$8 8366 4233	PROGRAM Bookings essential a eha.sa.gov.au or 8132
	Cooking for a Cause BCC 4.30 pm - 7.30 pm free <i>13 - 18 years</i> 8366 4107	3600. Fortnightly Mondays, Times varying
	Zumba Fitness BCC 6.15 pm - 7.15 pm Wendi: 0432 928 640	JUSTICE OF THE PEACE
	Sahaja Yoga Meditation 7.30 pm - 8.30 pm \$1 Tony: 0417 806 336	Monday - Friday 10 am - 12 noon and pm - 3 pm
		Next to the Custome Service Desk at the Burnside Civic Centre

Burnside Community Centre and Burnside Town Hall

Thursday	Friday	Saturday
Snooker 9 am - 3.45 pm 8366 4233	Snooker 9 am - 3.45 pm 8366 4233	TOWNHALL Nrithya Dance 10 am - 11.30 am \$20
Pilates Stretch BALL & Balance 9 am - 10 am \$10 8366 4233	Pilates Stretch BALL & Balance 9 am - 10 am \$10 8366 4233	Akhila: 0434 677 342 Various days
Spanish Beginners BCC 10 am - 11.30 am 8366 4233	Yoga 10 am - 11.15 am \$8 8366 4233	Strength for Life BCC Various times \$6 8366 4233
Seniors' Fit & Fab BCC 10.30 am - 11.30 am \$2 8366 4233	English Conversation 11 am - 12.30 pm 8366 4233	
Brain Gym BCC 2nd Thursday of month 12 noon - 2 pm free Elizabeth: 0438 843 066	Mah-Jong 12 noon - 2 pm \$1 8366 4233	
Table Tennis BCC 12:30 pm - 4.30 pm gold coin 8366 4233		
JKSA Karate BCC 6 pm - 7 pm \$10 Reza: 0452 430 290		
Rhee Taekwon-do BALL 6.30 pm - 7.30 pm \$80/month 1300 743 853		
Spanish Beginners BCC 7 pm - 8.30 pm 8366 4233		
VENUES KEY		
	BALL BI	urnside Ballroom
	BCC B	urnside Community Cent
	TOWNHALL B	urnside Town Hall

Positive Ageing

The City of Burnside Home Support Program offers a wide range of services designed to maintain independence and a good quality of life for those aged 65+ including social activities and programs.

For more information on the following Home Support Social Programs call 8366 4144 and speak to our friendly team who will assist you to find an activity right for you.

VENUES KEY

BALL	Burnside Ballroom, 401 Greenhill Road, Tusmore
BCC	Burnside Community Centre, 401 Greenhill Road, Tusmore
HALL	Burnside Town Hall, 401 Greenhill Road, Tusmore
KEN	Kensington Baseball Club, 6 Newland Road, Burnside
SHD	The Shed, 6 Conyngham Street, Glenside
MAS	Tusmore Masonic Complex, 1 Fisher Street, Tusmore
VAR	Various

Home Support Program Calendar

Monday	Tuesday	Wednesday
Men's Breakfast (KEN) 8.30 am - 10.30 am \$7 8366 4144	The Shed SHD 9.30 am - 12.30 pm \$7 8366 4144	The Shed SHD 9.30 am - 12.30 pm \$7 8366 4144
The Shed SHD 9.30 am - 12.30 pm \$7 8366 4144	Knitting Group BCC 10 am - 12 noon gold coin 8366 4144	Contemporary MAS Dancing 10 am - 11.15 am \$5 8366 4144
3Rs Social Groups VAR 10 am - 2 pm \$10 8366 4144	3Rs Social Groups 10 am - 2 pm \$10 8366 4144	3Rs Social Groups VAR 10 am - 2 pm \$10 8366 4144
The Shed SHD 1 pm - 4 pm \$7 8366 4144	The Shed SHD 1 pm - 4 pm \$7 8366 4144	Seniors' Pilates HALL 10.45 am - 11.45 am \$5 8366 4144
Come & Try Singing 1.30 pm - 3 pm \$5 8366 4144	Box Fit 2 pm - 3 pm \$15 8366 4144	Bingo 1 pm - 3 pm 8366 4144
	Trivia Group 2nd & 3rd Tuesday of the month \$5 8366 4144	The Shed SHD 1 pm - 4 pm \$7 8366 4144
Thursday	Friday	Small Group BCC Training Various times available
The Shed SHD 9.30 am - 12.30 pm \$7 8366 4144	The Shed SHD 9.30 am - 12.30 pm \$7 8366 4144	8366 4144
3Rs Social Groups VAR 10 am - 2 pm \$10 8366 4144	3Rs Social Groups VAR 10 am - 2 pm \$10 8366 4144	
Community Connect BCC 10:30 am - 12 noon Gold Coin 8366 4144	Seniors' Yoga BCC 11.45 am - 12:45 pm \$5 8366 4144	
The Shed SHD 1 pm - 4 pm \$7 8366 4144	The Shed SHD 1 pm - 4 pm \$7 8366 4144	

These social programs require participants to gain a My Aged Care Referral, be living in the Eastern region of Adelaide and need low level care or support to stay independent in their own home.

Glenunga Hub Program Calendar

Monday	Tuesday	Wednesday
French Conversation Beginner L1 10.30 am - 12 noon	Yoga Begins with Libby 9.30 am - 11 am \$15 Libby: 0400 726 651	Pilates with Sheriden 9 am - 10 am \$20 Sheriden: 0432 293 682
8366 4233 Community Yoga with Mukti	50+ Fitness Group 9.30 am \$7 M'Liss: 0411 147 074	50+ Fitness Group 9.30 am \$7 M'Liss: 0411 147 074
9 am - 10 am 0452 100 843	French Conversation Advanced	Spanish Intermediate 10.30 am - 12 noon
	11 am - 12.30 pm 8366 4233	8366 4233 Writing Wednesdays
	Pilates with Amy 6.30 pm - 7.30 pm \$15 Amy: 0433 486 489	1 pm - 3 pm 8366 4233
	French Conversation Beginner L1.5 7 pm - 8.30 pm 8366 4233	
		FISCH
Thursday	Friday	FISCE Family Initiative Supporting
Kids' Club 4th Thursday of month 10 am - 11.30 am	50+ Fitness Group 9.30 am \$7 M'Liss: 0411 147 074	Children's Health

French Conversation

Beginner L2

11 am - 12.30 pm 8366 4233

French Conversation Intermediate

1 pm - 2.30 pm 8366 4233

free | 8366 4250

Spanish Beginner L2

5.30 pm - 7 pm 8366 4233 Scan the QR code to find a workshop to support your family



Dulwich Program Calendar

Monday	Tuesday	Thursday	
Tai Chi 10 am - 11 am Gold coin donation 8366 4233	Studio Tango 7 pm - 8 pm Mark: 0403905110	Japanese Art of Swordsmanship 7 pm - 8 pm First lesson free	
Chair Yoga 2 pm - 3 pm Cristine: 0405 717 505	Yoga Playgroup Term based program hello@dizzyizzy.com.au	Takeo: 0403 824 616 Various days	
Meditation 7 pm - 8 pm free	Sunday	Hoshindo Karate Various times	
8366 4233	Japanese Art of	hoshindokarateadl.com	
Saturday	Swordsmanship 10 am - 11 am First lesson free Takeo: 0403 824 616	Rhee Taekwon-Do South Australia Various times info@rheetkd.info	
Flamenco Areti 11:30 am - 1 pm Areti: 0411 156 573		1300 743 853	
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Social and Special Interest Groups

Many social and special interest groups choose to hire our facilities for their meetings and programs. Find a group that suits you!

Australian Sewing Guild aussew.org.au

Beekeepers' Society office@bees.org.au

Burnside Historical Society 0413 173 384

Burnside Symphony Orchestra info@bso.org.au

Burnside Writers' Group 0407 071 250

Burnside Youth Concert Band 0449 123 660

CaiHang Education caihangeducation@gmail.com

Camelia's SA 0411 131 152 or 0419 815 035

Chinese Art Class 0467 594 839

Citroen Societe SA Inc 0417 886 134

Cloth Doll Craft Group 8337 6689

Club Citroen of SA 0411 156 185

Cymbidium Orchid Club cymorchidssa@gmail.com

Down Syndrome SA Club Rock /Slick 8245 4600 **Enhance Mathematics Academy** 0406 599 565 or 0401 468 605

Han Class (Chinese language for children) 0420 573 930

Handspinners and Craft 8338 6676

HD HR Holden Car Club 0488 746 314

Kinderballet 1300 606 949

Kumon Study Centre 0450 234 542

Legacy Widows Club of Burnside 8231 9812

Overseas Chinese Association School info@ocasa.org.au

Probus Toorak Gardens - Men 1300 630 488

Quilters' Guild of SA 0432 483 263

Rostrum Burnside 0429 314 661

The Robert Burns Society of SA 0409 863 235

Soroptimist International - Eastern Districts sieastadelaide@siswp.org

Teddy Bear Group 8337 5622

Toastmasters - Spiritually Speaking 0470 622 973



Connect with us

burnside.sa.gov.au burnsidecommunitycentres BurnsideCommunityCentres

8366 4200 burnside@burnside.sa.gov.au

