

# 2024 AUTUMN PROGRAM





## **Our Community Centres**

Discover Burnside Community Centres; there's something for everyone!



# **Online Venue Booking System**



Council has launched a new online booking system, Bookable. We trust you find it a convenient and easy way to explore, manage, book and pay for bookings.

Explore - Book - Pay



## **Social and Special Interest Groups**

Many social and special interest groups choose to hire our facilities for their meetings and programs. Find a group that suits you!

Australian Sewing Guild aussew.org.au

Beekeepers' Society office@bees.org.au

**Burnside Historical Society** 0413 173 384

Burnside Symphony Orchestra info@bso.org.au

Burnside Writers' Group 0407 071 250

**Burnside Youth Concert Band** 0449 123 660

CaiHang Education caihangeducation@gmail.com

**Camelia's SA** 0411 131 152 or 0419 815 035

**Chinese Art Class** 0467 594 839

Citroen Societe SA Inc 0417 886 134

**Cloth Doll Craft Group** 8337 6689

**Club Citroen of SA** 0411 156 185

**Cymbidium Orchid Club** cymorchidssa@gmail.com

Down Syndrome SA Club Rock /Slick 8245 4600 **Enhance Mathematics Academy** 0406 599 565 or 0401 468 605

Han Class (Chinese language for children) 0420 573 930

Handspinners and Craft 8338 6676

**HD HR Holden Car Club** 0488 746 314

**Kinderballet** 1300 606 949

**Kumon Study Centre** 0450 234 542

Legacy Widows Club of Burnside 8231 9812

Overseas Chinese Association School info@ocasa.org.au

Probus Toorak Gardens - Men 1300 630 488

**Quilters' Guild of SA** 0432 483 263

**Rostrum Burnside** 0429 314 661

The Robert Burns Society of SA 0409 863 235

Soroptimist International - Eastern Districts sieastadelaide@siswp.org

**Teddy Bear Group** 8337 5622

**Toastmasters - Spiritually Speaking** 0470 622 973

## Civic Centre Program Calendar Burnside Ballroom,

Monday	Tuesday	Wednesday
<b>Snooker</b> 9 am - 3.45 pm 8366 4233	<b>Snooker</b> 9 am - 3.45 pm 8366 4233	<b>Snooker</b> 9 am - 3.45 pm 8366 4233
<b>Pilates Stretch BALL</b> <b>&amp; Balance</b> 9 am - 10 am \$10   8366 4233	<b>Chess</b> 9 am - 12 noon free   8366 4144	<b>Emotional BCC</b> <b>Freedom Techniques</b> Ist Wednesday of month
Seniors' Fit & Fab BCC 10 am - 11 am \$2   8366 4233	<b>Tai Chi Qi Gong</b> 10 am - 11 am gold coin   8366 4233	7.30 pm - 8.30 pm Jeanette: 0438 586 291
Pilates Stretch BALL & Balance	<b>Dance on Tuesdays</b> BCC 12.15 pm - 1.15 pm \$6   8366 4233	
10.30 am - 11.30 am \$10   8366 4233 JKSA Karate 6 pm - 7 pm	<b>English</b> <b>Conversation</b> 1 pm - 2.30 pm 8366 4233	
\$10   Reza: 0452 430 290 <b>Rhee Taekwon-do BALL</b> 6.30 pm - 7.30 pm	<b>Yoga</b> 2 pm - 3.15 pm   \$8 8366 4233	IMMUNISATION PROGRAM
80/month   1300 743 853	<b>Cooking for a Cause BCC</b> 4.30 pm - 7.30 pm   free 13 - 18 years   8366 4107	Bookings essential at eha.sa.gov.au or 8132 3600.
	<b>Zumba Fitness BCC</b> 6.15 pm - 7.15 pm Wendi: 0432 928 640	Fortnightly Mondays, Times varying
	<b>Sahaja Yoga</b> <b>Meditation</b> 7.30 pm - 8.30 pm   \$1 Tony: 0417 806 336	<b>JUSTICE OF THE</b> <b>PEACE</b> Monday - Friday
		10 am - 12 noon and 1 pm - 3 pm Next to the Customer Service Desk at the
		Burnside Civic Centre.

### Burnside Community Centre and Burnside Town Hall

Thursday	Friday	Saturday
<b>Snooker</b> 9 am - 3.45 pm 8366 4233	<b>Snooker</b> 9 am - 3.45 pm 8366 4233	Nrithya Dance TH 10 am - 11.30 am   \$20 Akhila: 0434 677 342
<b>Pilates Stretch BALL</b> <b>&amp; Balance</b> 9 am - 10 am \$10   8366 4233	<b>Pilates Stretch BALL</b> <b>&amp; Balance</b> 9 am - 10 am \$10   8366 4233	Various days
<b>Spanish Beginners BCC</b> 10 am - 11.30 am 8366 4233	<b>Yoga</b> BCC 10 am - 11.15 am \$8   8366 4233	Strength for Life BCC Various times \$6   8366 4233
<b>Seniors' Fit &amp; Fab</b> BCC 10.30 am - 11.30 am \$2   8366 4233	English Conversation 11 am - 12.30 pm 8366 4233	
Brain Gym BCC 2nd Thursday of month 12 noon - 2 pm   free Elizabeth: 0438 843 066	Mah-Jong 12 noon - 2 pm \$1   8366 4233	
Table Tennis BCC   12:30 pm - 4.30 pm gold coin   8366 4233		
<b>JKSA Karate</b> BCC 6 pm - 7 pm   \$10 Reza: 0452 430 290		
<b>Rhee Taekwon-do</b> 6.30 pm - 7.30 pm \$80/month   1300 743 853		
<b>Spanish Beginners</b> 7 pm - 8.30 pm 8366 4233		
	VENUES KE	Y
	BALL Burn	iside Ballroom
	BCC Burn	iside Community Centre
	TH Burn	side Town Hall

# **Positive Ageing**

The City of Burnside Home Support Program offers a wide range of services designed to maintain independence and a good quality of life for those aged 65+ including social activities and programs.

For more information on the following Home Support Social Programs call 8366 4144 and speak to our friendly team who will assist you to find an activity right for you.

#### **VENUES KEY**

BALL	Burnside Ballroom, 401 Greenhill Road, Tusmore
BCC	Burnside Community Centre, 401 Greenhill Road, Tusmore
HALL	Burnside Town Hall, 401 Greenhill Road, Tusmore
KEN	Kensington Baseball Club, 6 Newland Road, Burnside
SHD	The Shed, 6 Conyngham Street, Glenside
MAS	Tusmore Masonic Complex, 1 Fisher Street, Tusmore
VAR	Various

#### Home Support Program Calendar

Monday	Tuesday	Wednesday
Men's Breakfast (KEN 8.30 am - 10.30 am \$7   8366 4144	The Shed SHD   9.30 am - 12.30 pm \$7   8366 4144	<b>The Shed SHD</b> 9.30 am - 12.30 pm \$7   8366 4144
The Shed SHD   9.30 am - 12.30 pm \$7   8366 4144	Knitting Group BCC 10 am - 12 noon gold coin   8366 4144	<b>Contemporary</b> MAS <b>Dancing</b> 10 am - 11.15 am   \$5 8366 4144
<b>3Rs Social Groups</b> VAR 10 am - 2 pm \$10   8366 4144	<b>3Rs Social Groups</b> 10 am - 2 pm \$10   8366 4144	<b>3Rs Social Groups VAR</b> 10 am - 2 pm \$10   8366 4144
The Shed SHD   1 pm - 4 pm \$7   8366 4144	The Shed SHD   1 pm - 4 pm \$7   8366 4144	<b>Seniors' Pilates HALL</b> 10.45 am - 11.45 am \$5   8366 4144
<b>Come &amp; Try Singing</b> 1.30 pm - 3 pm \$5   8366 4144	<b>Box Fit</b> 2 pm - 3 pm \$15   8366 4144	Bingo 1 pm - 3 pm 8366 4144
	Trivia Group 2nd & 3rd Tuesday of the month \$5   8366 4144	The Shed SHD   1 pm - 4 pm \$7   8366 4144
Thursday	Friday	Small Group BCC Training Various times available
The Shed SHD   9.30 am - 12.30 pm \$7   8366 4144	<b>The Shed SHD</b> 9.30 am - 12.30 pm \$7   8366 4144	8366 4144
<b>3Rs Social Groups</b> VAR 10 am - 2 pm \$10   8366 4144	<b>3Rs Social Groups</b> VAR 10 am - 2 pm \$10   8366 4144	
Community Connect BCC 10:30 am - 12 noon Gold Coin   8366 4144	<b>Seniors' Yoga</b> 11.45 am - 12:45 pm \$5   8366 4144	
The Shed SHD   1 pm - 4 pm \$7   8366 4144	<b>The Shed</b> 1 pm - 4 pm \$7   8366 4144	

These social programs require participants to gain a My Aged Care Referral, be living in the Eastern region of Adelaide and need low level care or support to stay independent in their own home.

#### **Glenunga Hub Program Calendar**

Monday	Tuesday	Wednesday
French Conversation Beginner L1 10.30 am - 12 noon	<b>Yoga Begins with Libby</b> 9.30 am - 11 am   \$15 Libby: 0400 726 651	<b>Pilates with Sheriden</b> 9 am - 10 am   \$20 Sheriden: 0432 293 682
8366 4233 Community Yoga with Mukti	<b>50+ Fitness Group</b> 9.30 am   \$7 M'Liss: 0411 147 074	<b>50+ Fitness Group</b> 9.30 am   \$7 M'Liss: 0411 147 074
9 am - 10 am 0452 100 843	French Conversation Advanced 11 am - 12.30 pm	<b>Spanish Intermediate</b> 10.30 am - 12 noon 8366 4233
	8366 4233 <b>Pilates with Amy</b> 6.30 pm - 7.30 pm   \$15 Amy: 0433 486 489	Writing Wednesdays 1 pm - 3 pm 8366 4233
	<b>French Conversation</b> <b>Beginner L1.5</b> 7 pm - 8.30 pm 8366 4233	
		FISCH
Thursday	Friday	Family Initiative Supporting Children's Health
<b>Kids' Club</b> 4th Thursday of month 10 am - 11.30 am	<b>50+ Fitness Group</b> 9.30 am   \$7 M'Liss: 0411 147 074	Scan the QR code to

**French Conversation** 

**Beginner L2** 

11 am - 12.30 pm 8366 4233

French Conversation Intermediate

1 pm - 2.30 pm 8366 4233

free | 8366 4250

**Spanish Beginner L2** 

5.30 pm - 7 pm 8366 4233 Scan the QR code to find a workshop to support your family



## **Dulwich Program Calendar**

Monday	Tuesday	Thursday
<b>Tai Chi</b> 10 am - 11 am Gold coin donation 8366 4233	<b>Studio Tango</b> 7 pm - 8 pm Mark: 0403905110	Japanese Art of Swordsmanship 7 pm - 8 pm First lesson free Takeo: 0403 824 616
<b>Chair Yoga</b> 2 pm - 3 pm Cristine: 0405 717 505	Yoga Playgroup Term based program hello@dizzyizzy.com.au	
<b>Meditation</b> 7 pm - 8 pm   free 8366 4233		
Saturday	Sunday	Various days
<b>Flamenco Areti</b> 11:30 am - 1 pm Areti: 0411 156 573	Japanese Art of Swordsmanship 10 am - 11 am First lesson free	Hoshindo Karate Various times hoshindokarateadl.com
	Takeo: 0403 824 616	Rhee Taekwon-Do South Australia Various times info@rheetkd.info 1300 743 853
dizy îzy		Scan the QR code for further information



# **Community Wellness Hub**

#### Join us for a chat, light lunch and seated chair exercises

When: Third Thursday of the month

- 15 February 2024
- 21 March 2024
- 18 April 2024
- 16 May 2024

Time: 11 am - 1 pm Location: Glenunga Hub, Webb Room Cost: Gold coin donation Bookings not required Welcome to all ages For further information please contact Margie Maloney Rotary Club of Burnside 0412 383 827

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## **Connect with us**

burnside.sa.gov.au burnsidecommunitycentres BurnsideCommunityCentres

8366 4200 burnside@burnside.sa.gov.au

